



Bellinter House  
Hotel & Spa

# BELLINTER LUNCH MENU

## Light Bites

Soup of the Day with Homemade Bread (1,9) €7.95

Crispy Wings Tossed in Hot Sauce served with Yoghurt & Cucumber Dip (7,6,8,10,12)  
Small €11.75 Large €17.00

Cauliflower Bhajis with Organic Leaves, Cucumber Raita & Indian pesto (6,8,12)  
€10.95

Prawn Pil Pil Pan Seared Prawns with Chili Oil, Garlic & Micro Coriander, with  
Grilled Garlic & Herb Ciabatta (1,2,7) €14.95

Baked Feta Pil Pil Oak Aged Feta Cheese with Chili Oil, Garlic & Micro Coriander,  
with Garlic & Herb Ciabatta (1,7) €13.95

## Sandwiches

Roast Beef served with Red Onion Marmalade, Rocket, Parmesan on Ciabatta Bread  
(1,7,12) €14.95

Smoked Salmon served with Horseradish & Dill Cream Cheese on Home-Made  
Brown Bread (1,4,7) €14.95

Chicken and Cheese Quesadillas served with Homemade Salsa, Jalapenos & Creme  
Fraiche on side (1,7) €10.95

Classic B.L.T with Mayonnaise in a Toasted Panini (1,3,7) €10.95

## Add-ons for Sandwiches only:

Cup of Soup €3.50 / Fries €3.50 / Salad (3,10,11,12) €3.50

## Allergens

1 = Gluten, 2 = Shellfish, 3 = Eggs, 4 = Fish, 5 = Peanuts, 6 = Soya, 7 = Dairy, 8 = Tree Nuts,  
9 = Celery, 10 = Mustard, 11 = Sesame Seed, 12 = Sulphites, 13 = Lupin, 14 = Molluscs



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### Salads

Chicken Caesar Salad served with Gem Lettuce, Grilled Chicken, Smoked Bacon, Parmesan & Garlic Bread (1,3,4,7,12) €16.95

Roast Heirloom Beetroot Salad with Irish Goats' Cheese, Organic Leaves, Red Wine, Onions, Pickled Walnuts & Honey Dressing (7,8,12,13) €14.50

Garlic and Feta Crostini topped with Serrano Ham served with House Salad (1,3,7,12) €14.95 |

### Mains

Bellinter Smokies - Smoked Cod, Cherry Tomatoes and Spring Onion in Creme Fraiche & Cheese Gratin Served with Brown Bread & Salad (1,4,7) €15.50

8oz Gourmet Burger with Smoked Applewood Cheese, BBQ Sauce, House Pickles, Gem Lettuce, Tomato & Onion on a Seeded Brioche Bun, Served with Skinny Fried or Chunky Fries (1,3,7,10,12) €20.50

Beer Battered Cod with Pea Hash, Homemade Tartar Sauce, Dressed Organic Leaves & Skinny or Chunky Chips (1,3,4,7,10) €20.95 |

### Sides

Skinny Chips € 4.50 / Seasonal Greens (7) €4.50 / House Salad (3,10,11,12) €4.50 / Truffle & Parmesan Fries (3,4,10) €6.50

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