



Bellinter House  
HOTEL & SPA

BATHHOUSE  
SPA



## Welcome

Bathhouse Spa, nestled within the serene embrace of Bellinter House Hotel, is not just a destination; it is an experience of relaxation, renewal, and tranquillity.

At Bathhouse Spa, we believe in the power of wellness and self-care. Our mission is to provide you with a sanctuary where you can escape the stresses of the modern world and reconnect with your inner peace. The majestic surroundings of Bellinter House and the historic charm of our spa will transport you to a realm of serenity and indulgence.

As our valued guest, you are in the capable hands of our skilled and caring spa professionals. They are dedicated to tailoring your spa journey to your unique needs and preferences. From soothing massages and rejuvenating facials to invigorating body treatments and nurturing beauty therapies, each experience at Bathhouse Spa is designed to enhance your well-being.

Before or after your treatments, we invite you to explore the enchanting grounds of Bellinter House. Savour a moment of tranquillity on the terrace or take a leisurely stroll through our beloved willow trees to truly immerse yourself in the natural beauty that surrounds us.

As you embark on your spa experience with us, take this opportunity to release, revive, and restore. Let the gentle sounds of nature and the skilled hands of our therapists guide you to a state of pure relaxation.

We are committed to making your visit memorable and restoring your sense of balance and harmony. It is our privilege to be a part of your wellness journey, and we look forward to helping you achieve your desired state of well-being.

*Relax, rejuvenate, and rediscover yourself.*

## Voya Facial Treatments

### Voya Deluxe Facial Experience **90 min**

The ultimate VOYA facial experience. Your treatment begins with a relaxing back massage to induce relaxation & gently melt away muscular pain. This is followed by a results-driven hydrating & purifying facial, which includes facial massage to deeply hydrate the skin, along with a dual-action facial mask which utilizes the exclusive re-mineralising, seaweed leaves. This facial leaves the skin rejuvenated, the appearance of deep-set wrinkles is reduced, and the skin's texture is left hydrated and plumped.

### Self Discovery Radiance Facial

Allow VOYA to tailor your facial specifically to your skin's unique needs. In the comfort of the treatment room, we will go through a comprehensive skin analysis and choose specific facial products to target your particular skin concerns.

#### Choose from:

Purifying Facial (Oily/ Combination skin)	<b>45 min</b>
Ultra Calming Facial (Sensitive Skin)	<b>45 min</b>
Intensive Hydra Veil Facial (Dry Skin)	<b>45 min</b>

### Anti – Ageing

#### Restorative Facial **60 min**

Suitable for all skin types, though of particular benefit for mature, dry, or dehydrated skin. The result is instantly firmed and tightened skin with a natural radiant glow.

#### Mini Facial Experience **30 min**

A powerful express skin replenishment treatment ideal for quick and instant results. Immediately refreshes and hydrates the skin leaving the skin soft, supple and revitalized.

### Aha Peel – Resurfacing

#### Radiance Facial **45 min**

A highly effective resurfacing facial that targets congested lacklustre and dull skin. Using a combination of seaweed extract, naturally derived glycolic acid and lactic acids with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow. Our advanced exfoliation treatment assists in diminishing fine lines and reducing pore size and will brighten the skin appearance.

*Where the mind relaxes  
- the soul rejuvenates.*

## Voya Body Scrubs

### **Luscious Salt Glow** 45 min

Luscious Salt Glow is infused with dead sea salts and organic seaweed oil, a combination which hydrates the skin, stimulates the blood and lymph flow while firming skin tone and increasing lustre. It can remove dull skin and refine skin texture.

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### **Organic Lavender & Seaweed Sugar Glow** 45 min

A fragrant mix of lavender oil, seaweed & sugar. It has a double action of gently removing dead skin cells with sugar and healing with seaweed and lavender essential oil.

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### **Organic Peppermint & Seaweed Sugar Glow** 45 min

This refreshing and all over exfoliation treatment awakens the skin and body. It features a fabulous mix of organic peppermint leaf, seaweed and sugar all of which perform the double action of gently removing dead skin cells, while introducing you to uplifting effects of our peppermint essential oil.

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## Voya Body Wraps

### **Organic Ocean Essence Total Body Wrap** 60 min

An organic wrap treatment that simulates the blood and lymph flow. This detoxifies the skin and stimulates the renewal of damaged cells while defining tone and lustre. It is an excellent skin rejuvenator, combating cellulite and muscle fatigue and producing a smoothing and moisturising effect.

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### **Organic Tangle Me Up Body Wrap** 60 min

This all over body treatment revitalizes skin condition, relaxes tired and lethargic muscles and relieves stress and fatigue. Antioxidant compounds fight cellulite and the signs of ageing, improving the suppleness and elasticity of your skin. VOYA's body wrap will have you untangled and tingling!

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### **Organic Warm Spiced Wrap** 60 min

A fresh ocean seaweed and peat mud wrap. This wrap is rich in anti-oxidants and minerals. It offers immediate effects to the skin. Leaving the skin feeling firm and toned. It has detoxifying effect which stimulates metabolism, it also has a natural anti-ageing boost.

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## Voya Body Massage

### **Organic Muslin Bag** 60 min

A real sensory treat. Warm steamed bags of orange, clove, ginger and Fucus Serratus seaweed are gently massaged into the body releasing the precious seaweed oils. We use a combination of the finest organic ingredients & seaweed to massage your body, gently exfoliate & nourish your skin.

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### **Voyager Massage Journey** 80 min

A complete top to toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage that replicates the movement of the sea combining both gentle and stimulating movements. The ultimate luxury treatment to relieve aches and pains tailored to individual needs.

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#### **Choose from:**

Uplift – Angelicus serratus

Relax – Mindful Moments

Muscle – Ginger Chai

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### **VOYA Lavender Body Wrap** 60 min

Awaken inner radiance with this comforting and indulgent treatment. Designed to recharge and renew the skin.

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### **Full Body Seaweed Oil Massage** 60 min

Relaxes muscles and relieves stress and trapped tension. Soothes the mind and promotes quality of sleep. Improves the body's circulation and lymphatic drainage.

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### **Seaweed Oil Back Massage** 30 min

### **Swedish Massage** 1 hour

### **Back Massage** 30 min

### **Indian Head Massage** 40 min

### **Aromatherapy Full Body Massage** 1 hour

### **Aromatherapy Back Massage** 30 min

### **Mum to be Massage** 60 min

A full body massage for expectant mums with focus on the back, legs, feet, shoulders, arms, chest, and head. Designed to improve circulation for Mum and Baby. Suitable from 15weeks+.

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## Voya Mum To Be Treatments

### **Organic Prenatal Voyager** 90 min

A relaxing is organic wellbeing ritual promotes relaxation and a sense of tranquillity while deeply hydrating and nourishing your skin, leaving you feeling radiant and renewed. Nourishing Mama Oil is used to gently ease stress and tension with a top to toe body, face and scalp massage. Melt away the aches and pains associated with pregnancy and feel comfortably cocooned, supported and restored.

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### **Organic Precious Moments** 60 min

VOYA's Organic Precious Moments treatment is tailored specially to Mum and her growing bump. The growing bump is enveloped in a specialised mask helping to support connective tissue and prevent stretch marks. Your feet will be wrapped in Laminaria Digitata Seaweed leaves to help boost circulation, improve lymphatic drainage and reduce fluid retention. The hydrating organic masks work their magic while Mum enjoys a beautifully relaxing face, hand and arm massage. This is the perfect rejuvenating treatment to support the wonderful journey to motherhood.

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## Voya Bath Treatments

### **Lazy Days Detox Seaweed Bath** 50 min

Submerge your body into a bath of organic, hand harvested Atlantic seaweed (Fucus Serratus) to remove unwanted toxins and alleviate aches and pains. This bathing ritual is the simplest and purest of all organic treatments! With its organic status approved by the IOFGA, Lazy Days utilises the natural power of organic hand harvested seaweed to deeply moisturise the skin; increase circulation and promote healing. The renowned "Sailors Cure".

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### **Organic Seaweed Aroma Bath Salts Therapy** 45 min

A relaxing bath soak with a blend of VOYA organic essential oils, organic lemon, lime clove, basil, mandarin and patchouli, combined with bath salts. This is a wonderful aromatic bath treat prior to further VOYA treatments.

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### **Bellinter's Butler Bath**

Let us draw your bath for you in your room. Choose from any of the above baths. Only available in certain room types.

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## Elemis Facial Treatments

### **Pro – Glow Renewal Facial** 50 min

Elemis' signature triple cleanse facial provides hyper-focused resurfacing and moisture-boosting results to unlock a healthy, lit from-within glow. In just one treatment, skin looks visibly refreshed, renewed and radiant.

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### **Pro – Glow Smooth** 50 min

This powerful anti-ageing facial smooths the look of fine lines and wrinkles, fills out expression lines and plumps skin with optimal hydration to reveal a youthful appearance.

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### **Pro – Glow Resurface** 50 min

Transform the skin's texture whilst minimising the look of uneven skin tone, enlarged pores and congestion for a renewed, stunningly smooth complexion.

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### **Pro – Glow Brilliance** 50 min

Awaken dull, lacklustre-looking skin with this radiance-boosting facial for a visibly brighter, glowing complexion.

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## Biotec Facials

### **Pro – Glow Renewal Facial +** 70 min

Elemis' signature deep cleansing Skin Wellness facial delivers 27,000 vibrations\* per second to draw out impurities, improve texture and boost renewal, unveiling a healthy, lit from-within glow. In one treatment, skin looks visibly refreshed, renewed and radiant.

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### **Pro – Glow Cryo Sculpt +** 70 min

Harnessing the power of Cryotherapy to firm and depuff, this advanced sculpting facial helps to define, contours, tone and rejuvenate the skin, revealing a visibly lifted appearance.

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### **Pro – Glow Resurface +** 70 min

Awaken dull, lacklustre complexions with this radiance-boosting facial. A combination of Galvanic current, Oxygen infusion and high potency actives energises the skin and replenishes moisture, for a visibly brighter, healthy appearance.

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### **Pro Glow Smooth +** 70 min

This powerful anti-ageing facial utilises microcurrent pluses to help strengthen muscle memory whilst visibly smoothing the look of fine lines and wrinkles. An Oxygen Infusion helps to plump out lines, restore elasticity and increase hydration, for a visibly youthful appearance.

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## Elemis Body Treatments

### Elemis Intensely Cleansing Salt Scrub 30 min /60min

Choose between Frangipani or Lime & Ginger – Fragranced Salt gently sloughs away dead skin cells, encouraging the regeneration of new cells. This luxurious treatment reveals a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

### Elemis Freestyle Deep Tissue Massage 60 min

Your therapist will select an aromatic oil according to your concerns, including muscle pain, stress relief, relaxation or balance. The flowing massage works deep in the tension, encouraging optimum circulation.

### Elemis Milk Bath 50 min

An enriching bathing milk that transforms an ordinary bath into a nourishing escape and leaves skin feeling satin soft and supple.

## COMCIT Crystal Clear Skincare

### COMCIT H2O Glow 60 min

The H2O Glow facial delivers freezing cold oxygen throughout the epidermis to nourish and invigorates skin cells, while the COMCIT Microchanneling action allows Hyaluronic Acid to reach deeper dermal layers via microchannels; plumping and rebalancing the skin from the inside out.

### COMCIT Frozen Facial 60 min

### COMCIT Frozen Deluxe Facial 75 min

Enjoy a full cleanse and gentle exfoliation, followed by our ground-breaking COMCI\*T treatment, using simultaneous infusion of Cryo-Oxygen and a Hyaluronic serum that is packed with plant stem cells and delivered into the lower level of the skin through a closed-circuit blast of freezing cold oxygen.

### COMCIT Acne Relief Facial 60 min

This proactive treatment stimulates the synthesis of the epidermal cells, reducing redness and inflammation, and allowing skin to take on a whole new radiance.

### COMCIT Microdermabrasion 40 min

### COMCIT Full Frozen & Microdermabrasion 100 min

## Packages

### Relax & Revive Package 30 min

Choose from one of the following treatments:

Back Massage,  
Mini Facial,  
Seaweed Soak,  
Indian Head Massage

Finish with a light lunch

### Ultimate Girls Day Out 60 min

Mini Facial,  
Back, Neck & Shoulder Massage

To Finish... A Glass of Prosecco

## Elemis Half Day Packages

### Ultimate Wellness

Elemis Milk Bath, 1 hr 50 min

Elemis ProGlow Smooth Facial  
and hot oil hair treatment

### Body Beautiful

Elemis Spa Manicure 1 hr 55 min

and Elemis Spa Pedicure

## Voya Half Day Packages

### Total Unwind Package 1hr 50 min

Anti-Ageing Restorative Facial  
& Seaweed oil massage

### Ultimate Renewal Package 1hr 50 min

Serratus Salt Glow & Seaweed Oil Massage

## Voya Full Day Packages

### Mind Body & Soul Reviver

Organic Seaweed Soak 50 min

Self-Discovery Radiance Facial 45 min

Lunch

Back Massage 30 min

### Ladies Day Out

Organic Seaweed Soak 1hr

Aromatherapy Full Body Massage

or Seaweed Oil Massage 1hr

Light Lunch

Self-Discovery Radiance Facial 45 min

Finish with a Mini Manicure or Mini Pedicure 30 min

### Mum To Be Package:

Mini Facial 30 min

Back, Neck & Shoulder Massage 30 min

Mini Manicure & Mini Pedicure 30 min

Light Lunch

## Finishing Touches

Elemis Spa Manicure	55 min
Mini Manicure	30 min
File and Paint	15 min
Elemis Spa Pedicure	55 min
Mini Pedicures	30 min
Shellac - (add BIAB)	
Gelish Soft Tips	

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## Eyes

Eyebrow Tint
Eyelash Tint
Brow Trim/Shape
Eyebrow Tint & Shape
Combo of 3

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## Waxing

Half Leg
Bikini Line
Eyebrow
Upper Lip
Arm
Full leg
Full Leg & Bikini
Upper Lip & Chin
Underarm
Tummy

## How to Spa

### BOOKINGS

Bookings can be made online at [spa@bellinterhouse.com](mailto:spa@bellinterhouse.com) or call 046 903 0900. We advise booking in advance to avoid disappointment. Bookings must be made with Credit, Debit or Gift Voucher.

### YOUR APPOINTMENT

Guests must arrive 15 minutes in advance for their personal consultation, to relax and enjoy the peaceful surroundings.

### AGE REQUIREMENT

The Spa is designed for clients over 16 years of age, 18 years for massage and waxing.

### CANCELLATIONS/ LATE ARRIVALS

As a courtesy to all Spa guests, please be aware that your late arrival will result in a reduction of your treatment time.

Guests who wish to cancel their treatments are required to provide a minimum of 48 hours notice or 75% of the total cost of the treatment will be charged. No show appointments will be charged in full.

### WHAT TO WEAR

Towels and Robes are provided for treatments. Please bring swimwear and flip flops for use of the Thermal Spa. Disposable briefs will be provided if required.

### SPA ETIQUETTE

The Spa is designed to be calm, quiet and relaxing and for this reason, the use of mobile phones is prohibited. We also ask that you respect other Spa users by speaking quietly whilst in our relaxation area. Any loud behaviour in any area of the Spa may result in you being asked to vacate the Bath Spa.

Advise at time of booking of any Pre-Existing Medical Conditions.

Due to the Delicate Nature of the First Trimester of Pregnancy, the Bath Spa cannot perform any Treatments in our Brochure on a Mum-to-Be during this time.

All waxing and tinting require a patch test 24 hours in advance of the treatment.

Terms & Conditions Apply



*Relax and let  
the world wait.*





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