

Bellinter House Lunch Menu

Light bites

Soup of The Day Served with Homemade Bread 1,9	€7.50
Crispy Wings - Tossed in Coconut and Hot Wing Sauce. Served with Yoghurt and Cucumber Dip 1,7,10,12	Small €11.00 / Large €16.00
Cauliflower Bhajis - Spiced Cauliflower Fritters with Organic Leaves, Cucumber Raita and Indian pesto 12,8	€10.50
Baked Feta Pil Pil -Oak Aged Feta Cheese with Chili Oil, Garlic and Micro Coriander, Served with Grilled Garlic and Herb Ciabatta 1,2,7	€13.50
Prawn Pil Pil - Pan Seared Prawns with Chili Oil, Garlic and Micro Coriander, Served with Grilled Garlic and Herb Ciabatta 1,2,7	€14.50

Sandwiches

Add-ons for Sandwiches only – Cup of Soup € 3.50 Fries € 3.50 Salad €3.50

Roast Beef served with Red Onion Marmalade, Rocket, Parmesan on Ciabatta Bread 1,7,12	€13.95
Smoked Salmon served with Horseradish and Dill Cream Cheese on Home-made Brown Bread 1,4;7	€13.95
Chicken and Cheese Quesadillas served with Homemade Salsa, Jalapenos and Crème Fraiche on side 1,7	€9.95
Classic B.L.T with Mayonnaise in a Toasted Panini 1,3	€9.95

Salads

Chicken Caesar Salad served with Gem Lettuce, Grilled Chicken, Smoked Bacon, Parmesan and Garlic Bread. 1,3,4,7	€15.95
Roast Heirloom Beetroot Salad with Irish Goats' cheese, Organic Leaves, Red Wine Onions, Pickled Walnuts and House Dressing 7,8,12	€13.50
Garlic and Feta Crostini -topped with Serrano Ham and served with House salad 1,7	€13.95

Main Meals

Bellinter Smokies - Smoked Cod, Cherry Tomatoes and Spring Onion in Crème fraiche and a Cheese Gratin served with Brown Bread and Salad 1,4;7	€14.50
8oz Gourmet Burger - with Smoked Applewood Cheese, BBQ Sauce, House Pickles, Gem Lettuce, Tomato and Onion on a Seeded Brioche Bun, served with Skinny Fries or Chunky Fries 1,3,7,10,11,12	€19.00
Beer Battered Cod -with Pea Hash, Homemade Tartar Sauce, Dressed Organic Leaves and Skinny or Chunky Fries. 1,3,4,7,10,12	€19.95

Side Orders

Skinny Chips €4.50 7 Chunky Chips €4.50 7 Seasonal Greens €4.50 7 House Salad €4.50 7,10,12
Truffle & Parmesan Fries €6.50 4,7,8

1 = Gluten, 2 = Shellfish, 3 = Eggs, 4 = Fish, 5 = Peanuts, 6 = Soya 7 = Dairy, 8 = Tree Nuts 9 = Celery, 10 = Mustard, 11 =
Sesame Seed, 12 = Sulphites, 13 = Lupin, 14 = Molluscs